

Volunteers Wanted for a Research Study

The **Contradictions** of Female Body Ideals (Body Image Workshops for **Marginalized** Communities)

The goal of this project is to explore the historic effect beauty standards have had on Black and Latinx women in America. This body image workshop is intended to not only promote a discussion about the current beauty standards in western culture, but also to question why these standards gave rise in the first place. In addition, this workshop encourages participants to **question the influence that “whiteness” currently and historically has had on the formation of beauty standards in communities of color.** The body image workshop is two hours in length and the research that will be conducted during the workshop primarily encompasses volunteers’ participation and responses.

Eligibility criteria:

- Female identifying individuals
- 18 years or older
- Fluent in English
- If you are recovering from an eating disorder or have one currently you cannot attend (must be at least 2 years into remission)
- Volunteers should identify as “Black women,” which encompasses descendants of the African diaspora, African or Caribbean immigrants, Black Americans, second generation immigrants, Afro- Latinas, and more.

Or

- Volunteers should identify as “Latinx women,” which encompasses Latina or Hispanic Americans, Afro- Latinas, second generation immigrants, a descendent of the Amerindian populations, a Hispanic or Latinx descent, and more.

All workshop volunteers will be provided pizza, wings, and more as compensation for their participation.

The Workshops will be held in the AACC and PRLACC
For more information or to sign up for the study, please email:
chineze.osakwe@uconn.edu

Although research is student directed, this research is conducted under the direction of Kathy Fischer, the Associate Director of the Women’s Center