



### Step 1: Setting Goals

Personal Goals: Why do you want to get involved in research or creative activity?

Topics or Areas of Interest: What do you want to learn more about?

#### Additional Criteria and Considerations

*On-campus or off-campus? Summer, academic year, or both? If academic year – how many hours per week do you have free? Are there specific days or times you're available? If summer, do you have geographic limitations or other commitments to balance?*



### Step 2: Exploring Opportunities

Which resources will you consult and who will you talk to as you explore your options? (e.g., NSF REU database, U.S. history professor from last semester)



### Step 3: Making Connections

Faculty Working on Topics or Areas of Interest:

Brainstorm what you will say or write when reaching out to faculty.

*Introduce yourself; connect to their research areas, mention shared interests; state what you are seeking and briefly explain your interest in getting involved with research or creative activity.*